LUNCH

Lunch price €14.90. The lunch includes a starter salad, bread, a main course from the lunch menu, and coffee or tea. A daily vegetarian option is also available.

Mon 19.10.

ROASTED CHICKEN WITH THYME
Mashed potatoes, roasted carrots and creamy thyme sauce (LF, GF)

PUMPKIN AND CHICKPEA CURRY
Coconut sauce, basmati rice and coriander (V, GF)

Tue 20.10.

BEEF AND ROOT VEGETABLE STEW
Mashed potatoes and fresh parsley (LF, GF)

CREAMY SPINACH AND FETA PENNE
Roasted cherry tomatoes and toasted seeds (VEG, LF)

Wed 21.10.

ROASTED PORK
Roasted potatoes, braised cabbage, apple, rosemary and creamy mushroom sauce (LF, GF)

FALAFEL BOWL
Cabbage slaw, vegetables and garlic tahini dressing (V, GF)

LUNCH

Lunch price €14.90. The lunch includes a starter salad, bread, a main course from the lunch menu, and coffee or tea. A daily vegetarian option is also available.

Thu 22.10.

BAKED SALMON
Crispy Potatoes, broccoli and lemon dill sauce (LF, GF)

MUSHROOM AND LENTIL STEW
Mashed potatoes, green peas and herb oil (V, GF)

Fri 23.10.

TERIYAKI CHICKEN
Steamed rice, sesame broccoli and pickled cabbage (LF)

SWEET CHILI TOFU
steamed rice, edamame, sesame pak choi and lime (V, GF)

Available daily

TRADITIONAL SALMON SOUP 15.90€
Potatoes, carrots, leeks and salmon in a creamy broth (LF, GF)

CHICKEN CAESAR €14.90
Grilled chicken, lettuce, cherry tomatoes, croutons, Caesar dressing and Parmesan (LF)

SEAGRILL BURGER 18,90 €
Beef patty, brioche bun, cheddar cheese, pickles, caramelised onions and mayonnaise. Served with fries or salad. A vegetarian option is also available. (L)